

JUNE 2025

Muscle Shoals Living Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	2 9:30 BINGO 10:00 Exercise NO FOOD DELIVERY 10:45 Lunch Out at Momma Jeans	3 9:30 BINGO 10:00 Exercise 11:15 Tanail Ricks, Nutrition Educator 11:45 Birthday Ice Cream Social	4 9:30 BINGO 10:00 Exercise 12:00 Ceramics Class w/ Lucy Swindle <i>Free Item Day</i>	5 9:30 BINGO 10:00 Exercise 11:00 PICNIC at Riverfront Park Center closed while we are at the park. 	6 9:30 BINGO 10:00 Coffee & Muffins 10:15 JUNE IQ Trivia 	7
8	9 9:30 BINGO 10:00 Exercise 12:00 CRAFT CLASS: Patriotic door wreath 	10 9:30 BINGO 10:00 Exercise 11:30 BINGO with Savannah Gentiva Hospice 	11 9:30 BINGO 10:00 Exercise 11:45 Strawberry Shortcake Social 	12 9:30 BINGO 10:00 Exercise 11:45 Bingo with Dylan The Summitt 	13 9:30 BINGO 10:00 Donuts for Dads 'Being A Father' Fathers Day Program 	14 
15 	16 9:30 BINGO 10:00 Exercise 11:15 Elaine Softley, Nutritionist 11:30 Health Talk with Janet 'Healthy & Safe Travel'	17 9:30 BINGO 10:00 Exercise 11:15 Tanail Ricks, Nutrition Educator 11:45 Ice Cream Floats	18 9:30 BINGO 10:00 Exercise 11:30 Penny Auction & Health Talk w/ Ericka - Columbia Cottage 	19 Center Closed for JUNETEENTH FREEDOM DAY 	20 9:30 BINGO 10:00 Penny Auction with Vicki  <i>Genesis HealthCare</i>	21 SIGN UP FOR ❖ Lunch Out ❖ Ceramics Class ❖ Picnic ❖ Craft Class ❖ July 4 Cookout
22	23 9:30 BINGO 10:00 Exercise 11:45 Time for Watermelon! 	24 9:30 BINGO 10:00 Exercise 11:15 Tanail Ricks, Nutrition Educator 11:30 FLAGS BINGO 	25 9:30 BINGO 10:00 Exercise 11:45 Helen Keller – Our Hometown Heroine  (rare videos!) 12:00 Ceramics	26 9:30 BINGO 10:00 Exercise 11:30 Medicare Spotlight w/ Amanda Elledge	27 9:30 BINGO 10:00 Blood Pressure Checks with w/ Kellie Centerwell Home Health 	28 Helen Keller Festival June 26-29 Tusculumbia
29	30 9:30 BINGO 10:00 Exercise 11:30 JULY Calendar Review 	HAPPY BIRTHDAY in June to: Helen Barnett -8 th Hazel Holden -8 th John Wright -10 th Nita Roden -11 th Barbara Campbell -16 th Ann Jones -19 th Martha Staley -20 th Larry Hopson -23 rd Jean Kelly -25 th Helen Battles -25 th Hillard South -28 th Kaye Foster -28 th Jerry Nelson -30 th Dick Christensen -30 th 			4TH OF JULY Cookout	THURSDAY JULY 3rd Everyone sign up at the information table to bring something! 

